



“This is specifically for us and it is a real blessing.”

– Elder Georgette Fox



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**A PLACE TO  
HEAL**





## Creating a Peer-Supported Community

Indigenous individuals with addictions have significantly higher rates of trauma than the mainstream population. The physical, emotional and sexual abuse from residential schools and the Sixties Scoop have left a legacy of grief and trauma that many Indigenous people are still struggling with.

Even Indigenous individuals who were not at residential schools have been impacted

by intergenerational trauma by growing up in homes with domestic violence, abuse, poverty and addictions.

Oxford House acknowledges their residents' experienced trauma and promotes a culture of safety and appropriate services that reflect the Indigenous concept of healing which uses the metaphor of a journey that is an "ongoing process of self-transformation."

**"I chose drugs and alcohol to feed my shame of what happened to me. Reconnecting to my culture helped me to heal."**



### TO APPLY FOR A PEER AND CULTURALLY SUPPORTED OXFORD HOUSE HOME, SIMPLY:

- ① Go to **OxfordHouse.ca** to fill out an application form and send it in.
- ② You will be called in for an interview with an Oxford House Support Worker. At that time, indicate your desire to live in an Indigenous home.
- ③ Depending on fit and availability, you will be scheduled for a second interview by the residents of the home you've been recommended for.

### QUESTIONS?

If you have questions contact us at [support@oxfordhouse.ca](mailto:support@oxfordhouse.ca)

Alberta Office: 403.287.8771