



OXFORD HOUSE

SPRING NEWSLETTER



A MESSAGE FROM EARL

Executive Director, Oxford House Foundation of Canada



CELEBRATING MILESTONES

Insights from the Recovery Capital Conference of Canada

In early April, several members of the Oxford House team, alongside thousands of others, gathered at the Telus Convention Centre for the Recovery Capital Conference of Canada. This event wasn't just any conference; it was a national call to action to delve into the Alberta model, known as the Recovery Oriented System of Care (ROSC), and understand how bolstering recovery capital lies at the heart of creating healthier communities, improving health outcomes, saving money, and ultimately, saving lives.

The event was a melting pot of diverse perspectives and expertise, with government officials, policy makers, first responders, frontline workers, medical experts, individuals with lived experiences, occupational health leaders, and Indigenous health leaders all in attendance. It was the must-attend event of the year for our sector in 2024.

Over the course of two packed days, attendees were treated to a lineup of incredible speakers and thought-provoking sessions. It was an opportunity for us to connect with peers in the sector, sharing our stories, strengths, and aspirations.

On the second day, I was honoured with the "Recovery Systems Leader" Award by the Government of Alberta, Ministry of Mental Health and Addiction. This recognition is a testament to Oxford House's dedication in providing innovative housing models like Pre-Treatment Housing and Indigenous Peer and Culturally Supported Post Treatment Housing.

At Oxford House, we take immense pride in our deep connections with Indigenous communities. We ensure that our services are not only accessible but also culturally appropriate, with guidance and support from Elders in Treaty 6 and 7. Did you know that we also operate North America's only licensed Pre-Treatment homes?

The event garnered attention from national media, with the National Post highlighting the significance of the Alberta Model in tackling the opioid crisis. The presence of elected officials from across Canada, including ministers overseeing addiction services in Ontario and Saskatchewan, underscored the importance of the discussions and initiatives presented at the conference.

You can read more here: <https://nationalpost.com/opinion/rahim-mohamed-alberta-model-is-the-playbook-for-how-to-fight-the-national-opioid-crisis>



HOW CAN WE SAY THANKS?

The Coldest Night of the Year: A Thank You Note to Our Supporters

Thank you so much team captains, walkers, sponsors, volunteers, for joining us on the Coldest Night of the Year in support of Oxford House. Together, you helped us raise \$26,523. Can you believe it?! Each ask, each step, and each smile – all incredibly worth it!

We couldn't have done it without you!

Team Captains – you registered and created beautiful teams brimming with incredible people who followed your lead and fundraised! THANK YOU so much for your leadership and support – it means the world to us.

Walkers – you blew us away with your enthusiasm and results. THANK YOU for putting up with your captain nagging you – haha!

Sponsors – you stepped up to support our charity in a big way. THANK YOU, A&G Associates, Visionstate, IoT Inc., MHK Insurance - Independent Brokers, Scientific Supplies Centre and all of our other sponsors who made the weekend so great.

Volunteers – you helped people find parking, got them in the door, checked them in, cheered them on and so much more.

The success of your fundraising efforts not only showcases the generosity within our community but also highlights our collective commitment to making a difference in the lives of those in need. Every dollar raised will go towards providing essential resources and support for individuals in recovery from addictions.

Thank you once again for your incredible support. We couldn't have done it without you.

With gratitude, and on behalf of all of us here at Oxford House,

Diana Schwenk, Event Director - #CNOY24

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A LEGACY OF LASTING HOPE

Leaving a Gift in your Will

Have you ever wondered about the legacy you'll leave behind once you're gone? It's a profound question, one that prompts reflection on the impact we make during our time on this earth. But what if we told you that you could continue to make a difference long after you've departed?

Oxford House offers you precisely that opportunity. By including a gift in your will to support our cause, you're not just leaving behind a sum of money—you're leaving behind a legacy of hope and healing.

Our mission at Oxford House is simple yet powerful: to provide safe and supportive housing for individuals embarking on their journey to recovery from addiction. Every day, we witness the transformative impact of our work. Lives are rebuilt, families are reunited, and futures are reclaimed from the clutches of addiction.

Your contribution can play a pivotal role in sustaining this vital mission. Whether big or small, every gift matters. It's an investment in the future, ensuring that individuals in need will continue to receive the support and resources necessary for their recovery.

Just imagine the lives you'll touch and the futures you'll change by leaving a gift to Oxford House. It's not merely a donation; it's a statement of your values and a commitment to creating lasting change in our communities.

Together, let's empower recovery and build a future where everyone has the opportunity to thrive.

To learn more about how you can leave a lasting legacy of hope and healing, visit <https://www.oxfordhouse.ca/planned-giving>

Oxford House offers this information with the understanding that we do not render legal, accounting or other specific professional advice. We recommend that you consult your own professional advisors.



OXFORD HOUSE

RESIDENT STORY



SARAH'S STORY

Celebrating Success: A Journey of Recovery at Oxford House

In the heart of our Oxford House community lies a story of resilience, transformation, and unwavering determination. It's a narrative echoed by many who have found solace within these walls, and today, we're honoured to share a testament to the power of support, camaraderie, and the pursuit of a better tomorrow. Meet Sarah (name changed for privacy), a beacon of hope amidst the shadows of addiction. Her journey speaks volumes about the profound impact Oxford House can have on one's life. With gratitude echoing in her voice, Sarah reflects on her path to recovery, enriched by the supportive environment fostered by our staff and fellow residents.

"Having the opportunity to live in Oxford House for the past year has been instrumental in my journey towards sobriety and successful recovery. Before finding my way here, I was trapped in a vicious cycle of detox, treatment, and ultimately, returning to the streets, trapped there by the grip of addiction."

For Sarah, Oxford House offered more than just shelter; it provided a sanctuary where she could confront her demons, heal her wounds, and rebuild her life from the ground up. "Here, I found a safe, comfortable home—a refuge from the chaos that once consumed me," she continues. "With this stability, I could finally address the underlying issues fueling my relapses, focusing on my mental health and personal growth."

Yet, Oxford House offered more than just a roof over her head—it became a catalyst for cultural exploration and personal development. "In this supportive community, I've had the opportunity to embrace my cultural heritage and acquire invaluable life skills. From cultivating meaningful relationships to honing leadership and budgeting skills, every day presents a new opportunity for growth and self-discovery."

But perhaps the most profound aspect of Sarah's journey lies in the camaraderie she shares with her fellow residents—a bond forged in shared struggles and unwavering support. "Living among individuals committed to breaking free from addiction has been nothing short of transformative," she reflects. "We stand united in our pursuit of wellness, uplifting and empowering one another every step of the way."

As Sarah's story illustrates, Oxford House isn't just a place to reside—it's a haven of hope, resilience, and second chances. It's where individuals like Sarah find the courage to rewrite their stories, reclaim their lives, and embrace the promise of a brighter tomorrow.

[Donate](#)



OXFORD HOUSE FOUNDATION OF CANADA

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